

Quick Guide

How to Join the CAHtalog® Registry for CAH Patients & Caregivers

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Click this link

[JOIN](#)

OR

Use the camera on your smartphone to scan the QR code. You will then be prompted to open the website.



Click the "Join" or "Sign Up" button on the website.

2

Enter your email address and click "Continue."

3

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4

Provide some basic information about you or the person you care for.

The screenshot shows a registration form titled "Let's get to know you". At the top, there is a progress bar with four steps: "Account", "About", "Enroll", and "Add Doctors". The "About" step is currently active. The form contains the following fields and options:

- What's your legal name? (with an information icon): Two input fields for "First Name" and "Last Name".
- Have medical records under other names? (with an information icon): A link that says "+ Add alternate or previous name".
- What's your birthday?: A date input field with the placeholder "mm/dd/yyyy".
- What is your sex?: Two radio buttons labeled "Female" and "Male".
- What is your gender identity?: A dropdown menu with the text "Tell us more" and a downward arrow.
- What's your email address?: A text input field.
- What's your cell phone number? (with an information icon): A text input field with a country code dropdown set to "US" and a placeholder "+1 201-555-0123".
- A checkbox labeled "Send me text messages about new records and account alerts (no spam - we promise)".
- A purple "Continue" button at the bottom.

5

Follow the prompts, providing the information required as you go.

The screenshot shows a registration form titled "Let's learn a bit more about your health". At the top, there is a progress bar with four steps: "Account", "About", "Enroll", and "Add Doctors". The "Enroll" step is currently active. The form contains the following prompts and options:

- Do you have a medically confirmed diagnosis of congenital adrenal hyperplasia (CAH)?: Two radio buttons labeled "Yes" and "No".
- Have you been diagnosed with classic or non-classic CAH?: Three radio buttons labeled "Classic CAH", "Non-classic CAH", and "I don't know".
- Does not have CAH: A radio button.
- Are you currently taking a glucocorticoid medication (such as hydrocortisone, prednisone, prednisolone, methylprednisolone, dexamethasone) for treatment of your classic CAH?: Three radio buttons labeled "Yes", "No", and "I don't know".
- A purple "Continue" button at the bottom.

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Enter a password and hit continue

Account About Enroll Add Doctors

Choose a password

Set your password to access your account securely from any device

Password Show

Use at least 8 characters

Continue

[Choose a Password Later](#)

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Give consent to participate by checking boxes to show you have read and agree. Add your electronic signature.

Account About Enroll Add Doctors

Enroll in PicnicHealth and CAHtalog

Please carefully review the following documents. Then check each box to confirm that you've read and agree to the terms.

For Research
CAHtalog Informed Consent Form
[View Form](#)

For PicnicHealth Platform
PicnicHealth Record Request Authorization
This is the form we send to your doctors' offices so we can collect medical records on your behalf. You can tell us to stop at any time.
[View Form](#)

Continue

Sign Below

Sign Here

Clear Confirm

It'll be easier to retrieve records if your signature matches what appears on past medical documents.

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Enter information about your doctors and treatment facilities since your diagnosis.

Let's get your records.

Please include your oncologists, primary care doctor, and any doctors you've seen since your cancer diagnosis.

Add Doctor
e.g. Primary Care, Specialists

Add Facility
e.g. Hospital, Clinic, or Office

Add a Doctor

Tell us what you know about this doctor

Doctor's Name

Location (City, State)

Additional Information

Doctor's Specialty

Date of Most Recent Visit

Name of Facility (Hospital / Clinic / Office)

Save

Add a Facility

Tell us what you know about this facility

Name of Facility (Hospital / Clinic / Office)

Location (City, State)

Additional Information

Date of Most Recent Visit

List the name of any doctors you saw

Save

That's all there is to it!

Having trouble?

Contact Kathryn Goodfellow,
Patient Advocacy

kathryn@pinpointpatientrecruiting.com

[Request a Meeting >](#)

About PicnicHealth

If you join the study, you will create a free PicnicHealth account. PicnicHealth collects your medical records for you and allows you to easily view your medical records from anywhere. We will continue to collect & organize records for the duration of the registry. Upon closure of the registry you retain access to your existing records and your PicnicHealth account but we will not update with new records.



View

View doctor's notes, medications, labs,
and imaging



Share

Share your records with family and
doctors



Understand

Simplifies complex health
information and your medical history